

# Course Competency

## SON 2400C Echocardiography 1

### Course Description

An in-depth course designed to present all aspects of clinical cardiovascular ultrasound studies. Topics discussed are: pathophysiological basis of diseases, clinical presentation and clinical data, Doppler and echocardiographic findings in disease, hemodynamic relationships, scanning pitfalls and differential diagnosis. Prerequisite: SON 1000L

Course Competency	Learning Outcomes
<p><b>Competency 1:</b>The student will demonstrate knowledge of sonographic appearance, sonographic technique, measurements, quantitative principles, and Doppler patterns of the normal heart by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Numbers / Data</li> <li>3. Critical thinking</li> <li>4. Information Literacy</li> <li>5. Computer / Technology Usage</li> </ol>
<ol style="list-style-type: none"> <li>a. Identifying normal appearance of the heart in all two-dimensional echocardiography views.</li> <li>b. Identifying normal anatomy in each echocardiography view.</li> <li>c. Discuss normal cardiac circulation, hemodynamics, and physiology.</li> <li>d. Identifying normal and abnormal measurements on M-Mode, 2 D, and Doppler.</li> <li>e. Identifying and discussing quantitative principles.</li> <li>f. Defining cardiac output, stroke volume, and ejection fraction.</li> <li>g. Identifying echo protocol measurements and discussing their importance and use in quantification.</li> <li>h. Identifying normal continuous wave and pulse wave patterns in each echocardiographic view.</li> <li>i. Identifying normal color Doppler patterns seen on each echocardiographic view.</li> <li>j. Discussing and identifying tissue Doppler. Discussing strain and how to calculate it.</li> <li>k. Identify anatomy displayed on Transthoracic and Transesophageal echocardiography images.</li> </ol>	

<ul style="list-style-type: none"> <li>m. Discussing console controls used to produce and optimize the image in an adult echo.</li> <li>n. Listing measurements necessary and normal ranges of measurements in a 2D exam.</li> <li>o. Measuring walls, ventricular volumes, ejection fractions, cardiac outputs on case presentations.</li> <li>p. Discussing the cause of abnormal measurements.</li> <li>q. Differentiate volume and pressure overload and describe the various causes.</li> <li>r. Discussing the protocol and application of contrast enhanced echocardiography.</li> <li>s. Describing and identifying how each protocol measurement is performed in M Mode, 2 D, and Doppler.</li> <li>t. Discussing the evaluation of normal and abnormal systolic and diastolic ventricular function.</li> <li>u. Identifying the severity of valve stenosis and regurgitation and views and measurements used to demonstrate this.</li> <li>v. Comparing and contrasting normal and abnormal 2 D and M Mode images.</li> </ul>	
<p><b>Competency 2:</b>Demonstrate knowledge of mechanisms of disease, cardiovascular pathophysiology, and hemodynamics, sonographic technique, measurements, quantitative principles, and Doppler patterns in Valvular pathologies by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Numbers / Data</li> <li>3. Critical thinking</li> <li>4. Information Literacy</li> <li>5. Computer / Technology Usage</li> </ol>
<ul style="list-style-type: none"> <li>a. Listing and identifying the definition of each of the valvular disease.</li> <li>b. Describing etiology and listing risk factors of each valvular disease.</li> <li>c. Identifying history, signs and symptoms for each of the valvular diseases.</li> <li>d. Listing and identifying findings of the physical examination.</li> <li>e. Identifying and discussing pathophysiology and possible complications.</li> <li>f. Discussing how disease will affect hemodynamics of the heart.</li> <li>g. Discussing cardiac auscultation findings for each of the valvular diseases.</li> </ul>	

- h. Discussing findings on EKG, chest X-ray, Cardiac catheterization and stretch echocardiography for each valvular pathology.
- i. Identifying treatment for each of the valvular diseases.
- j. Identifying and comparing valvular disease
- k. findings on M-mode.
- l. Identifying and listing findings of 2D echocardiography for each of the valvular diseases.
- m. Identifying pulse Doppler, continuous wave Doppler and color Doppler findings specific for each valvular disease.
  - m. listing normal measurements and abnormal measurements on 2D and Doppler echocardiography.
- n. Listing normal measurements and abnormal measurements on M-mode.
- o. Calculating formulas and performing required measurements on 2D echocardiography for each of the valvular pathologies.
- p. Calculating formulas and performing required measurements on Doppler for each of the valvular pathologies.
- q. Discussing transesophageal echocardiography findings.
- r. Identifying differential diagnosis for each of the valvular pathologies.
- s. comparing and contrasting each pathology with its differential diagnosis. comparing and contrasting abnormal Doppler flow patterns from normal flow patterns and measurements.
- t. Identifying and listing related abnormalities.
- u. Identifying how pathology will affect left ventricular function.
- v. Identifying, discussing, and performing left ventricular function measurements.
- w. Discussing the scanning protocol and modification(s) based on the sonographic findings and the differential diagnoses.
- x. Differentiating acute and chronic causes of valvular disease.
- y. Discussing the pathophysiology of acute valvular pathologies.
- z. Discussing the pathophysiology of chronic valvular disease.
  - aa. Listing arrhythmias associated with valvular disease and their effects on heart.

**Competency 3:** The student will demonstrate knowledge of mechanisms of disease, cardiovascular pathophysiology, and hemodynamics, sonographic technique, measurements, quantitative principles, and Doppler patterns in ischemic heart disease by:

1. Communication
2. Numbers / Data
3. Critical thinking
4. Information Literacy
5. Computer / Technology Usage

- a. demonstrate awareness of scanning protocol and modification(s) based on the sonographic findings and the differential diagnoses.
- b. listing and identifying the definition of ischemic heart disease and myocardial infarction.
- c. describing the etiology and risk factors.
- d. discussing how ischemic heart disease will affect hemodynamics of the heart.
- e. Discussing pathophysiology of ischemic heart disease.
- f. identifying history, signs, and symptoms for each of the.
- g. discussing stable angina, unstable angina and variant angina.
- h. discussing findings of the physical examination.
- i. identifying and discussing pathophysiology and possible complications
- j. discussing findings on EKG, chest X-ray, cardiac catheterization and stress echocardiography.
- k. discussing treatment.
- l. identifying and listing findings of 2D echocardiography and M mode.
- m. identifying pulse Doppler, continuous wave Doppler and color Doppler findings of ischemia heart disease
- n. listing normal measurements and abnormal measurements on 2D and Doppler echocardiography.
- o. listing normal measurements and abnormal measurements on M-mode.
- n. Identifying formulas and required measurements on 2D echocardiography.
- o. Identifying formulas and performing required measurements on Doppler.
- p. identifying how pathology will affect left ventricular function.
- q. discussing and describing left ventricular function measurements.
- t. reviewing and identifying wall segments and coronary artery distribution
- u. identifying and describing wall motion abnormalities.

<p><b>Competency 4:</b>The student will demonstrate knowledge of mechanisms of disease, cardiovascular pathophysiology, and hemodynamics, sonographic technique, measurements, quantitative principles, and Doppler patterns in infective endocarditis by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Critical thinking</li> <li>3. Information Literacy</li> </ol>
<ol style="list-style-type: none"> <li>a. Defining endocarditis</li> <li>b. Discussing lab and sonographic findings of endocarditis.</li> <li>c. Discussing acute effects of endocarditis.</li> <li>d. Identifying etiology and treatment of endocarditis.</li> <li>e. Identifying vegetations on cardiac valves.</li> <li>f. Discussing other types of infections: myocarditis &amp; pericarditis.</li> <li>g. Discussing how infection can affect the adult heart and related echo findings in adults.</li> <li>h. Identifying flail leaflet.</li> <li>i. Discussing signs and symptoms of endocarditis.</li> <li>j. Identifying regurgitation.</li> <li>k. Evaluating severity of disease with color Doppler, Pulse wave, and continuous wave Doppler.</li> </ol>	
<p><b>Competency 5:</b>The student will demonstrate knowledge of mechanisms of disease, cardiovascular pathophysiology, and hemodynamics, sonographic technique, measurements, quantitative principles, and Doppler patterns in pericardial effusion and tamponade by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Critical thinking</li> <li>3. Information Literacy</li> <li>4. Computer / Technology Usage</li> </ol>
<ol style="list-style-type: none"> <li>a. Identifying severity of pericardial effusion.</li> <li>b. Listing etiology of pericardial effusion and tamponade.</li> <li>c. Recognizing sonographic findings of tamponade.</li> <li>d. Discussing ways to evaluate pericardial disease.</li> <li>e. Discussing changes in protocol to evaluate pericardial disease</li> <li>f. Discussing findings seen in each modality ( 2 D, M-Mode, Color Doppler, Pulse wave Doppler,</li> <li>g. Continuous wave Doppler).</li> <li>h. Discussing findings on chest x ray.</li> <li>i. Discussing treatment.</li> </ol>	

<p><b>Competency 6:</b>The student will demonstrate knowledge of mechanisms of disease, cardiovascular pathophysiology, and hemodynamics, sonographic technique, measurements, quantitative principles, and Doppler patterns in congestive heart failure (CHF) by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Critical thinking</li> <li>3. Information Literacy</li> <li>4. Computer / Technology Usage</li> </ol>
<ol style="list-style-type: none"> <li>a. Listing and identifying the sonographic appearance on 2D, M-Mode, color Doppler, Pulse wave Doppler, and Continuous wave Doppler.</li> <li>b. Defining congestive heart failure and its presentation.</li> <li>c. Discussing the etiology of CHF.</li> <li>d. Discussing quantification measurements to evaluate severity of CHF.</li> <li>e. Identifying associated findings of CHF.</li> <li>f. Discussing pathophysiology of CHF.</li> <li>g. Discussing other exams to evaluate CHF</li> <li>h. Listing signs and symptoms of CHF.</li> <li>i. Discussing treatment and management with CHF.</li> <li>j. Discussing medications commonly used with CHF.</li> <li>k. Discussing findings within all echo modalities.</li> <li>l. Defining congestive heart failure.</li> <li>m. Identifying sonographic 2 D and Doppler findings of congestive heart failure.</li> <li>n. Discussing and identifying changes in protocol measurements..</li> </ol>	
<p><b>Competency 7:</b>Demonstrate knowledge and comprehension of measurements done on Doppler by:</p>	<ol style="list-style-type: none"> <li>1. Communication</li> <li>2. Critical thinking</li> <li>3. Information Literacy</li> <li>4. Computer / Technology Usage</li> </ol>
<ol style="list-style-type: none"> <li>a. Identifying Doppler measurements done in normal and abnormal cases.</li> <li>b. Listing the normal ranges of measurements done on Doppler exam.</li> <li>c. Interpreting the cause of abnormal measurements on Doppler</li> <li>d. Performing measurements on case presentations.</li> </ol>	

<p><b>Competency 8:</b> Demonstrate knowledge and comprehension of cardiac surgical procedures and invasive procedures by:</p>	<p>1. Communication</p>
<ul style="list-style-type: none"> <li>a. Listing and describing alternative imaging techniques used to evaluate the heart.</li> <li>b. Listing treatments of valvular disease including types of valvular replacements.</li> <li>c. Describing pericardiocentesis.</li> <li>d. Describing ultrasound guided procedures (i.e. TEE, intracardiac echo).</li> <li>e. Listing and defining the types of invasive procedures and their purpose.</li> <li>f. Defining the types of cardiac surgical procedures (i.e. CABG, TAVR).</li> </ul>	

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